



Week 1
COOSH
Weekly
Program

	Morning Program				
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 7:00am – 8:15am	VAC CARE	Breakfast Tables	Breakfast Tables	Breakfast Tables	Breakfast Tables
Creative Activities 7:00am – 8:15am		Craft Table	Craft Table	Craft Table	Craft Table
Quiet Play 7:00am – 8:15am		Reading area & mats	Reading area & mats	Reading area & mats	Reading area & mats
Outdoor Play 7:00am – 8:15am		Cola sports	Cola sports	Cola sports	Cola sports

	Afternoon Program				
Afternoon Tea 3:00pm – 3:45pm	VAC CARE	Hall	Hall	Hall	Hall
Creative Activities 4pm – 5:30pm		Hand Print Tree Painting	Foam Collage Making	Nature Heads	Paddle Pop Stick Craft
Quiet Play 3:45pm – 6pm		Reading area & mats	Reading area & mats	Reading area & mats	Reading area & mats
Outdoor Play 3:45pm – 5:30pm		Bean Bag & Ring Toss Game	Soccer Competition	Obstacle Course	Handball Competition